

	Monday (Nov. 28)	Tuesday (Nov. 29)	Wednesday (Nov. 30)	Thursday (Dec. 1)	Friday (Dec. 2)
ND Standard	Standard 1,2,3,4,5	Standard 1,2,3,4,5	Standard 1,2,3,4,5	Standard 1,2,3,4,5	Standard 1,2,3,4,5
Topic	Turkey Games	Basic gymnastics	Basic gymnastics	Basic gymnastics	Basic gymnastics
Objectives	SWBAT Identify physical activities that contribute to fitness. SWBAT Identify activities that require and/or improve the components of fitness	SWBAT control shifting their body weights in a mature way SWBAT Identify areas of safety to best perform movements SWBAT Roll in a mature form	SWBAT control shifting their body weights in a mature way SWBAT Identify areas of safety to best perform movements SWBAT Roll in a mature form	SWBAT control shifting their body weights in a mature way SWBAT Identify areas of safety to best perform movements SWBAT Roll in a mature form	SWBAT control shifting their body weights in a mature way SWBAT Identify areas of safety to best perform movements SWBAT Roll in a mature form
Bellringer	Warm-ups	Warm-Ups	Warm-Ups	Warm-Ups	Warm-Ups
Lesson Plan	<ul style="list-style-type: none"> Turkey Bowl (Instructions printed out) 	<ul style="list-style-type: none"> Take down gymnastics mats Teacher demonstrates skill and students practice Summersaults 	<ul style="list-style-type: none"> Take down gymnastics mats Teacher demonstrates skill and students practice Summersaults 	<ul style="list-style-type: none"> Take down gymnastics mats Teacher demonstrates skill and students practice Balance Beam 	<ul style="list-style-type: none"> Take down gymnastics mats Teacher demonstrates skill and students practice Balance Beam