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|  | Monday (Jan. 23) | Tuesday (Jan. 24) | Wednesday (Jan. 25) | Thursday (Jan. 26) | Friday (Jan. 27) |
| ND Standard | Standard 1,2,3,4,5 | Standard 1,2,3,4,5 | Standard 1,2,3,4,5 | Standard 1,2,3,4,5 | Standard 1,2,3,4,5 |
| Topic | Throwing | Throwing | Catching | Catching | Keep away |
| Objectives | SWBAT Throw various sized balls with mature form | SWBAT Throw various sized balls with mature form | SWBAT Catch various sized balls with mature form | SWBAT Catch various sized balls with mature form | SWBAT Throw various sized balls with mature form |
| Bellringer | Warm Ups | Warm Ups | Warm Ups | Warm Ups | Warm Ups |
| Lesson Plan | * Students play Basket Toss * Instructions will be printed out | * Students play Bubble Burst * Instructions will be printed out | * Students catch ball thrown by instructor and then by partner | * Students catch ball thrown by instructor and then by partner | * Students play Keep away * Instructions will be printed out |